Gluten Free Gooseberry Meringue Pies (FEBRUARY)

Pastry

4 oz rice flour

2 oz corn flour

2 oz ground almonds

4oz butter Graham's dairy

1 beaten egg plus 1 tbsp water Pillars of Hercules roll pastry between 2 sheets clingfilm for easier handling bake blind

Filling

1 pound gooseberries Tayport garden and fruit tree walk 5oz xylotol (a healthier sugar alternative) or caster sugar juice of 1 lime (or lemon)

1 ½ oz cornflour 4 egg yolks Pillars of Hercules

simmer gooseberries for a few minutes with 2 tbsps water to form a pulp. (I blended it) mix corn flour with limejuice, add, cook a few minutes stirring until it thickens. Add egg yolks and cook further few minutes. Cool completely.

<u>Meringue</u>

4 egg whites Pillars of Hercules

7 oz caster sugar

1 teaspoon cornflour

Whisk egg to stiff peak stage, gradually add sugar and corn flour.

Assemble and cook 20 minutes in a cool oven.

Makes 12 individual pies with lots of filling and meringue left over, or make one big pie which would be much less fiddly and just as yummy.